

Copper Secrets

The Internet is changing much for people who like to learn. *The establishment* probably thought we are too stupid to use the Internet to help ourselves. Fortunately, we are not. But not for the Internet, they would be able to keep us completely in the dark. For example, the role of vitamin D3 for another 50 years. Vitamin D3, a key element to be healthy. Now, they know that we know. They've acknowledged it.

Are they doing something about it? Yes, they are. Extremely unfairly. I spot, again and again, information, that they've started adding nagalase to vaccines (google it). Nagalase is known to block many important body functions – it inhibits GcMAF, a lack of which compromises our immune system/subsystems, nagalase is linked to autism, cancer, and other diseases. It might make our nagalase disintegrative Spooky2 function important if we establish it works.

They had to acknowledge, that they cannot lie to us about saturated fats any longer. The mainstream has just started to publish articles how important saturated fats are. Now, when we have known that for some time.

They've acknowledged nearly everybody knows about wholemeal bread. So they've just started to advertise this! Where's the catch? They've failed to tell us the new key things. They've mastered harmful GMO - gluten is not the same anymore. Grains are not the same anymore, since - before the harvest, the grains are often sprinkled with Round-up. It is a catastrophe for people's health. This is why people who avoid eating grains observe big health improvements.

However, among many elements of *their* anti - human agenda, there is an extremely important, and, I think, devastating policy they use to harm us. They've created a sneaky agenda of limiting the amount of copper we ingest. Everything has changed. I do not believe we can get enough of it from food. It's – practically - not there. They have also implemented technologies of blocking its bioavailability. Look, Silver and Gold are important to our health. Silver has just been acknowledged by most of us. More and more people know about colloidal gold.

However, the role of Copper is much more important. Copper is the most important metal here. You may want to google this subject, for example „Poisoning of Mankind: Blood Types, Copper Deficiency, Evolution Theory, Shroud of Turin & Illuminati” - please do not take religious content, but only concrete info consideration. Please do not get discouraged with this text. It should have been written differently, but still it gives some important information. Take the info, not sadness.

For some years I was under the influence of Dr. Hulda Clark's fear of copper. It's time to finish it, things are clearing up. *They've* created an attitude full of Copper fear. They've created limits of life giving products and want us to comply with them. But notice - no limits for fluorine in tap water or aspartame in food.

People can easily get rid of the excess of copper (using e.g. sodium thiosulfate). Of course, just like with Silver, we use small particles colloidal copper (ionic or metallic – HVAC; I don't buy into the opinion, that ionic is not colloidal – it is, and it is even directly more efficient than the metallic fractions).

You may want to google „copper and blood types”. It may get you interested. *They* admit copper is important and then they proceed to telling us that an excess is harmful. What excess? Please, notice they never tell us how they define copper excess in the body. Such “information” is just some gobbledegook! They will never tell us it is not about Copper at all, but about big particle bio-unavailable salts of copper. Liars. A half-truth a lie. They have secretly redefined the meaning of the thing. It's their favourite technique of lying to us.

They seem to add some „clever” components to drugs, food and water supply to limit copper bioavailability. It has lasted for at least a few dozen years. Google it, please, you will see. The results are devastating for our blood as well as general immunity. It was easier for me to decipher their deceitful “code”, as in 2010 I did it with Silver and in 2013 with Iodine. They suggest some funnily small amounts of copper: 1 mg! A big, brazen, harmful lie. The body needs much more.

Our bodies need so called **copper (I)** and not copper (II). In rare cases of copper water pipes toxicity big (too big) particles of blue copper (II) compounds get stuck in e.g. the liver. Then they tell us, that „(some) people are poisoned with copper”. Can you see this deceitful code? The very fact *they* warn us is against something is highly suspicious. Somehow they do not warn us so eagerly against mercury.

They keep telling us clever lies. We are really too naive. Again, it’s not about Copper, but big particles of bio-unavailable copper (II) salts, which makes things upside-down. What is interesting, people (very few) may “suffer from copper”, but at the same time they are terribly Copper deficient. They just suffer from the lack of the *Copper They Need* (nanoparticles of metallic or ionic copper or small particles of copper (I) compounds – the one with 28 electrons, and not 27). This kind of Copper - (I) - makes the tricks.

People do not have too much Copper, some of them (very few) may just get too big particle salts of copper (II) (unfamous copper tape water pipes). Just install a filter to get drinking water if you have this problem. One more thing – tests establishing copper in the body generally cannot be trusted. A good one is the invasive one connected with collecting a liver sample – I strongly advise against it. Remember, stories about people suffering from copper toxicity are mostly urban legends. We are to be afraid of Copper. This one of *their* important sub-agendas.

Copper is much more needed by the body than silver. It is necessary for the body to make blood (without copper we have anemia, since iron cannot get to the bone marrow, where red blood cells are produced). Small particles of copper (I) (and probably it’s the only suitable element) are necessary to drive away bacteria from the inside of body cells. What is more, copper (I) in the blood stream activates white cells to kill bacteria, e.g. borellia. No wonder that people with nearly no bioavailable copper in the body cannot beat infectious diseases.

Copper is an extremely important metal for humans. Its abundance seems to have something to do with longevity. We must have a lot of it. All the BS advising to limit copper is a lie. Our bodies can easily get rid of the excess of copper, since we have been with this metal for eons, and we need much of it. We should just remember to ingest small particles, and not big ones.

Copper deficiency is ruining humans’ health. The FDA admits 75% of people can be copper deficient. Well, if they say so, I will interpolate it to 95 and maybe nearly 100%. **We are all** copper deficient. „Academic” doctors do not know it. Unfortunately, also NDs mostly do not know about it. Copper is essential for energy production (an integral role for ATP production).

Copper helps to neutralize free radicals, which is an important longevity factor. Copper is an absolutely indispensable factor of collagen formation. Now a very important piece of information. If I understand it well, without enough copper amounts, the body „does not know” what to do with iron. Among many things, its lack results in our blood (and its optimum pH) being worse and worse within one and through more generations. A lack of copper, a reason of anemia – doctors seem to know little about it. Several years ago I had an occasion to observe it in a connection with a friend of mine suffering from anemia. A good hospital and wanting to help doctors – they didn’t know the copper role.

There exists an advanced, clever, global agenda of hiding the copper role in people’s health. A real conspiracy, it’s so simple - the lack of copper has a devastating influence on human health. They advise to take about 1 mg of copper a day. Notice, they „forgot” to tell us what kind of copper, and this is a key thing. It must be in small particles, preferably copper (I).

Nanoparticles easily get into the inside of cells. They cannot get stuck in the body and thus they cannot be toxic. Still, my question is – why should we not take 10 or 20 or 30 times more than *they* suggest? Why haven’t *they* established a maximum dose for fluorine /chlorine in tap water?

Why haven't they established the maximum daily dose of sodium benzoate? What about genetically modified food, blocking copper for the body?

They create copper deficiency in us as a tool to damage our bodies. By the way, a research done on rats showed, that copper deficiencies shortened their lives by 75%. I wonder why I cannot find such a research done on humans. They say there aren't any. Why? Are we, humans, not as important as rats? When I hear such BS I know the results of such researches are hidden. Copper is worth making a personal research. All the „information” on copper toxicity is a lie. It's not about copper, it's about big particles of copper salts. Remember, oxygen O₂ is life giving, while CO is killing.



Illustration 1: HVAC method of making colloidal copper. The arc can be seen, just 2-4 mm under the surface of the water.

wearing well isolating from the earth shoes.

Making copper, I always use a 45 min timer, not to forget about turning off the transformer, which gets hot and must be cooled. It seems that it is difficult to establish time needed to make a particular strength colloid. It depends on many unknown factors, including the moon phases:). It is usually between 20 – 50 min. When the colloid is slightly light brown, I consider the product ready.



Illustration 2: Neon transformer I applied.

Personally, I like ingesting colloidal copper. I define colloidal copper as a home-made product, which is a mixture of ionic and metallic nano-particles. There also may be some copper (I) oxides in this product. I've been drinking a glass of my home-made colloidal copper for several weeks. Feeling good... and even better:). Colloidal copper (both fractions – ionic and metal) is absolutely safe for the body. Many metal nano-particles get a suitable charge while already in the body, acting as copper (I).

Making colloidal copper

1. I like to use the **HVAC (High Voltage AC) method**. This method is for people „in the know” of high voltage electricity, as it can be dangerous. Personally, I use a neon transformer: 200W/10000V/50mA. Two 12 – 15 cm long, 2 mm diameter pieces of copper wire are placed in such a way, that their endings are parts of a millimeter far one from the other, submerged 1-3 mm in distilled water. An electric arc comes into being after turning on the transformer and this is what is making the colloid. One must remember about the *one hand in the pocket* rule, and

It is nearly tasteless, maybe a little bit sweet. Much more tasty than Silver :).

The ppm cannot be measured with a TDS tool, as it is basically a non-ionic product. To establish, if there are metallic particles in the product, one uses a small laser (a photo in the Gallery) .

A picture in the Gallery shows a beam inside the liquid. It is a proof, that we have a colloidal, metallic copper. If you light tap water or distilled water using a laser, you don't see this beam. So if you see it, it is a proof there are metal particles in the water. I have no way of establishing the ppm of this product. It is probably 30 - 60 ppm.

High quality (nanoparticles!) of a colloid made in such a way makes it very safe to drink. Human body is „equipped” with a well working mechanism of getting rid of the excess of colloidal copper. I've been drinking a glass of this product per day for several weeks.

An important issue while making the transformer work was removing the current limiter, which is a typical element of a routinely applied transformer. It took me quite a long time to figure out the necessity of removing the limiter, since I couldn't get any transformer documentation. The use of a neon transformer is a good method of home-making colloids (zinc, silver, copper).

2. LVDC (Low Voltage direct current) method.

Basically, using this method of making colloidal ionic/metallic copper is similar to the methods of making colloidal ionic silver. However, if I can quite easily get a 20 ppm strength of ionic fraction batch of colloidal LVDC silver (plus, of course, the 10 – 25 % of the metallic fraction), it's interesting, but I cannot get more, that 6-8 ppm of the ionic copper fraction. What is more, it seems



Illustration 3: LVDC method of making colloidal copper.

to be necessary to use a hot plate stirrer. Without this machine the process lasts ages! An interesting thing is also the fact, that the ionic strength of colloidal copper seems to fluctuate, going up and after some time – going down. The metallic fractions seem to be bigger here, than in ionic silver ones.

Picture 3 shows the way I like to use, producing colloidal copper. I usually choose the temperature of 70 – 80⁰ C, and the function of magnetic stirring is moderately on. The gray box is the main component of the system. The voltage I use is 30 V, and I additionally, apply the so called electro-kinetic stirring – it's simple, the voltage polarity is just automatically reversed every 10 or so seconds. An important thing is the fact that I used LM317 chips to limit the current of the electrolysis process down to about 3,5 mA, which prevents big particles from coming into being. The double stirring I apply improves further the product quality, lessening the particles size and this way improving safety and bio-availability of the colloid. At the beginning of making

each new batch I always remember to add about 20% of the colloid from the previous one. It enables the process to start from higher current, making it shorter.

What kind of copper do I use? It is a common piece of copper electric wire, after getting rid of isolation. Electric wires are just made from pure copper, typically better than 99.9%, which suits us perfectly.

The process of making colloidal copper I consider finished after 5 up to 7 hours. The colloid is slightly light brown when I finish. I haven't established its strength. I think it may be 30 – 60 mg of copper in a litre. Home-made colloids let me save money, as I drink a glass (or more) a day.

Additional copper information

If you are interested in copper benefits, you may want to google it. Generally you can believe the good aspects. But then they practically always try to make you afraid. Be careful and don't buy into alleged „copper toxicity”: remember, *carbon monoxide CO kills, but you still need both forms of oxygen - O and O₂*.

We have too much iron in our diet and still, there is too little of it in the blood. Without copper iron is immobilized and it just gets stuck somewhere in the body (poisoning other tissues, organs, tumors) due to lack of copper. Without copper, iron cannot be used by the body, gets toxic and shortens our lives: anemia generally appears, when copper levels are very low. Meanwhile, *they* tell us to take more iron, much of which we already have immobilized in the body. Just like with calcium and osteoporosis – doctors push these old ladies to take calcium, while they have already too much of it and what they really need is vitamins D3, K2-MK7 and borax.

Copper is crucial for balancing different nutrient minerals and restoring health. It is necessary for nervous system, for clear thinking. Deficiencies of copper in the body mimic the lack of vitamin B12, damaging shields of nerve fibers. Copper deficiency is linked to parasites flourishing. Copper enables people to get rid of aneurysm. It is necessary to get rid of wrinkles / sagging skin/cheeks. It may also greatly help with thyroid problems.

Conclusion

The rule no. 1: nothing is like it seems to be. If most people believe that something is true, don't take it as your truth. The truth does not lie in the street. This article is a fruit of my one month long quest to find the (my) truth, backed up with several year experience with Silver and Iodine.



Illustration 4: Laser used - the red line proves the existence of metal copper particles in the batch.

We are not told about different – from the point of “view” of our body needs - kinds of copper, which opens the gate to a big deception. Many health-related problems are caused by copper deficiency, brazenly cloaked by the mainstream as copper toxicity. The anti-copper vicious propaganda is so common, that nearly everybody in the world believes it. Consequently, there exists a global lack of understanding of this vital for our health semi-precious metal. A remedy exists, but due to the lack of knowledge nearly everybody meticulously avoids it.

It is up to the Reader, if he/she will consider views presented here (being so different from most of what you can find on the Internet) a nonsense, or something worth his/her personal research.

Gallery